



Center of inPOWERmeant Inc. 501c3

DECEMBER NEWSLETTER

Thank you from our BOD for partnering with the mission of COINPM in building bridges of HOPE beyond solutions in 2023.

We have provided services and referrals to over 1000 families this includes:

- Grocery services 4 times a week
- Online Support Groups 4 to 5 times per week
- Referral Services 10 -30 per month
- Other Programs & Services to the community

We are looking forward to our impact expanding in 2024

LaShon Hawthorne
Secretary

Francine Spencer
Treasure

Lurinda
Iris Jones
Founder & Director



Dr. Gae Goodwin
Director of Programs & Curriculum
Development

Feliz Navidad

OMB Families in Transition Grant
is a grant helping families in transition
due to losing income, home,
or other devastating events.

We also offer other sustainable services to families, like
Our free eye care and eyeglass partnership with local
eyecare facility.

The OMB grant has blessed multiple families. In 2023
we look forward to inpowering many more families.
impacting and INpowering families in the inner cities of Los Angeles County.
COINPM is combining this grant in connection with
THE 4-POLES program (The four pillars of life enlightenment systems).
Going beyond solutions. COINPM not only feeds and clothes but also teaches
and transforms the lives of families with cutting-edge, eclectic approaches
and shifting the trajectory of families.

If you or someone you know is in need of this grant, please nominate and
complete the short application!

CLICK HERE: [INPOWERMEANT.ORG/OMB](https://inpowermeant.org/omb)



For more information
contact 818-584-2513
email info@COINPM.org

A FEW OF THE FAMILIES WE HAVE SERVED IN 2023



This Holiday Season

**THIS YEAR, WE DID THINGS A
LITTLE DIFFERENT
OVERWHELMING RESPONSE
TO OUR ANNUAL
BAGS OF BLESSINGS
GROCERY CARD GIVEAWAY**



*Grocery
Gift Card*



Bags of Blessings

**CANNED GOODS
HYGIENE PRODUCTS
BABY ITEMS
CLOTHING
SCHOOL SUPPLIES
AND MUCH MORE!**

**WE WILL CONTINUE
BUILDING BRIDGES
WITH OUR
GROCERY CARD AND
BAGS OF BLESSINGS
CALL 818-584-2513**

LEARN HOW YOU CAN JOIN US

CLICK HERE



MENTAL HEALTH SERVICES ONLINE SUPPORT GROUPS

The option to remain anonymous is available.

FOR MORE INFO CONTACT 310-702-7592 OR EMAIL INFO@INPOWERMEANT.ORG



*Caring
for the
Caregiver*

EVERY 2ND THURSDAY
OF THE MONTH
ANYONE CAN ATTEND @7PM/PST

CAREGIVER SUPPORT

EVERY LAST THURSDAY
OF THE MONTH
ANYONE CAN ATTEND @7PM/PST

GRIEF SUPPORT

*You are
not alone*



CORPORATE

Donations

VONS



H.O.P.E.
for life



Thank YOU

**to each individual 2023
Bridge Builders**



**THE FOUR PILLARS
OF LIFE
INPOWERMEANT
SYSTEMS**



**COINPM
FAMILY PROGRAM**

PILLARS

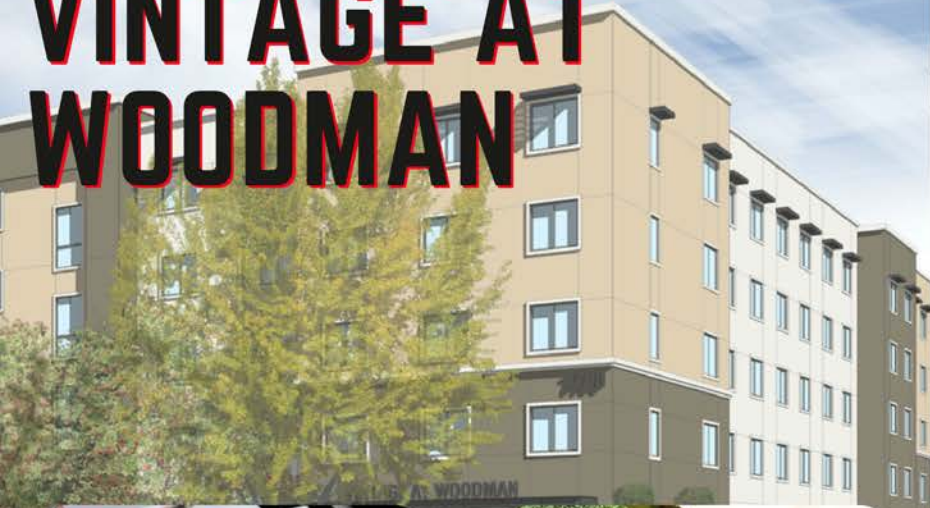
THE FOUR PILLARS OF LIFE INPOWERMEANT SYSTEMS

The first phase and launch of our Pillars program kicks off in 2023. Our electric approach to transform lives by building on the four pillars of life. HEALTH, RELATIONSHIPS , WORK & PROVIDER-SHIP, EMOTIONAL & SPIRITUAL DEVELOPMENT



**RENTAL ASSISTANCE FOR 55+
 LOTTERY AVAILABLE
 12/01/2022-01/17/2023**

**VINTAGE AT
 WOODMAN**



We can help!



**FAMILY EVICTION
 PREVENTION PROGRAM**



EYE CARE SERVICES

We are partnered with a national eye care services and are able to offer year-round service to families.



GROCERIES GIVEAWAY

We provide nutritional foods to families in need.

Monday/Wednesday
 Friday/Saturday

Must provide documentation as proof:
 *Low Income
 *Hardship
 *Late Fees

FOR MORE INFORMATION ABOUT ALL OUR SERVICES CONTACT:

COINPM

AT 818-584-2513

OR EMAIL

INFO@COINPM.ORG



Your monthly partnership helps us serve families beyond survival



TEXT 2 GIVE
Text COINPM to **44321**
www.COINPM.org



CONSIDER BECOMING ONE OF OUR PREMIER BRIDGE BUILDERS.

**BECOME A
BRIDGE BUILDER**
HERE'S HOW IT WORKS!

Click Here: [Bridge Builder](#)

